

## The Week in FHC Activities (1/18 – 1/23)

Monday, January 18 <sup>th</sup>	
Freshman Boys Basketball @ Francis Howell	5:30
Girls Swim & Dive vs. St. Dominic @ The Rec-Plex	8:30
Tuesday, January 19 <sup>th</sup>	
JV/Varsity Girls Basketball vs. Webster Groves	5:30/7:00
JV/Varsity Boys Basketball @ Troy	5:30/7:00
Girls Swim & Dive vs. Ft. Zumwalt East	8:30
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Wednesday, January 20 <sup>th</sup>	
Freshman Boys Basketball vs. Holt	5:00
9 <sup>th</sup> /JV/V Boys & Girls Wrestling @ Francis Howell vs. FHHS & DeSmet (Boys)	
JV/Varsity Girls Basketball vs. Timberland	5:30/7:00
Girls Wrestling @ Francis Howell	6:00
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Thursday, January 21st	
Girls Swim & Dive vs. Holt @ The Rec-Plex	8:30
Friday, January 22 <sup>nd</sup>	
JV/Varsity Girls Basketball @ Holt	4:00/5:30
Varsity Girls Wrestling in FHC Quad with Eureka/Lafayette/FZ South	5:00
JV/Varsity Boys Basketball @ Holt	5:30/7:00
Saturday, January 23 <sup>rd</sup>	
Varsity Boys Wrestling @ Blue Spring Duals	9:00 a.m.
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## "WE...are HOWELL CENTRAL"

Home of the Spartans











