

Francis Howell Central High School Activities

MSHSAA Sponsored Sports & Activities

FALL:

Boys Soccer
Boys Swimming
Cross Country
Football
Girls Golf
Girls Tennis
Girls Volleyball
Softball

WINTER:

Boys Basketball
Girls Basketball
Girls Swim/Dive
Wrestling (boys)
Wrestling (girls)

SPRING:

Baseball
Boys Golf
Boys & Girls Track
Boys Tennis
Boys Volleyball
Girls Soccer
Girls Lacrosse

Spartan Regiment (Band) & Color Guard

Cheerleading

Choir/Chorus

Drama

E-Sports

Scholar Quiz Bowl

Sensations (Pommers)

Speech & Debate

Coach/Sponsor

Derek Phillips (Saeger Middle School) derek.phillips@fhdschools.org
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